



HOT YOGA STUDIO

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
		6:00-7:00	CycleOM Stacey Y	6:00-7:00	Hot Vinyasa Marina	5:45-6:45	CycleOm* Ben	5:45-6:45	Yoga Sculpt Ben				
		7:05-8:05	Power Flow Jordan	7:15-8:15	Hot 26 Marina			7:00-8:00	Hot Vinyasa Karen	7:45-8:45	Yoga Sculpt Tracey		
						8:30-9:15	Yoga Sculpt Anne						
9:15-10:15	Yoga Sculpt Cheryl	9:30-10:30	Yoga Sculpt Ben	9:15-10:15	Yoga Sculpt Ben	9:00-10:00	CycleOM Karen	9:00-10:00	Power Flow Marina	9:00-10:00	Hot 26 Breanne	9:00-10:00	Yoga Sculpt Tracey
		10:45-11:45	Hot Vinyasa Karen	10:30-11:30	Barre Sculpt Terri P	10:15-11:15	Power Flow Karen	10:15-11:15	Yoga Sculpt Cheryl	10:15-11:15	Power Yoga Amy K	10:15-11:15	Hot Vinyasa Karen
12:00-1:00	Hot Power Yoga Anne	12:00-1:00	Member Choice Yoga	12:00-1:00	Hot 26 Melissa	12:00-1:00	Hot Vinyasa Marina	12:00-1:00	Hot 26 Marina			12:00-1:00	Ballet Sculpt Keegan
												1:15-2:15	Power Flow Marina
4:45-5:45	Power Yoga Amy K	4:45-5:45	Yoga Sculpt Tracey	4:45-5:45	Stretch Therapy Zaidy	4:45-5:45	Hot 26 Marina	4:45-5:45	Hot 26 Marina	4:00-5:30	Music Hot 26 Marina	4:00-5:00	Detox Yoga Savon
6:00-7:00	Power Flow Marina	6:00-7:00	CycleOM Ben	6:00-7:00	Hot Vinyasa Zaidy	5:30-6:30	CycleOM Ben	6:00-7:00	Power Flow Marina				
7:15-8:15	Member Choice Yoga	7:15-8:15	Yoga Sculpt Marina	7:15-8:15	Beginner Yoga Rebecca	7:15-8:15	Yoga Fusion Marina						