



CYCLE STUDIO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00-7:00 Cycling Rachel K	6:10-7:10 CycleOM Stacey Y	6:00-7:00 Cycling Jane	5:45-6:45 * New Time*	6:00-7:00 Cycling Stacey Y	8:30-9:30 Terri P	8:35-9:35 Cycling Lori S/Jon G
7:00- 8:00 Cycle HIIT Ben *HYS*			7:00- 8:00 Cycle Sculpt Trisha *HYS*	7:30- 8:30 *1st Class June 8*	9:30- 10: 00*1st Class June 9th*	Express Cycle Recovery Jon G * Flexibility Studio*
	9:00-10:00 Cycling Julie Z		9:00-10:00 Cycle OM Karen	9:00-10:00 Cycling Terri /Kim S		
11:20-11:50 Cycle Express Katie H			11:20-11:50 Cycle Express Katie H		10:15-11:15 Cycling Jon G	
12:00-1:00 Cycling Julie Z	12:00-1:00 Cycling Lori S	12:00-1:00 Cycling Julie Z	12:00-1:00 Cycling Jane	12:00-1:00 Cycling Kim S	1:00- 2:00 *1st Class June 9th*	Funky Cycle Monica
	4:15- 5:15 Funky Cycle Monica					
6:00-7:00 Cycling Mona	6:00-7:00 CycleOM Ben		5:30-6:30 CycleOM Ben			

* Sign- up required prior to class as class size is limited