

INDOOR LAP POOL SCHEDULE

Approximant times:															
Monday															
Monday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 6				9:00-10:00 Liquid Fit-I Cathy H		Reserved for swim lessons		Reserved for swim lessons			Reserved for swim lessons				
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing					
Lane 1				Reserved for family swim		Reserved for family swim		Reserved for family swim							
Tuesday															
Tuesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 6				9:00-10:00 Aqua Bamba-I Christina		Res. Swim Lessons		1:15-2:15 Liquid Fit-I Sally K		Reserved for swim lessons			6:30-7:30 Aquabatta-I Cathy H		
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing					
Lane 1				Reserved for family swim		Reserved for family swim		Reserved for family swim							
Wednesday															
Wednesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 6				9:00-10:00 Aqua Kickbox-I Cathy W		Reserved for swim lessons		Reserved for swim lessons			Reserved for swim lessons				
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing					
Lane 1				Reserved for family swim		Reserved for family swim		Reserved for family swim							
Thursday															
Thursday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 6	Reserved for swim lessons		Reserved for swim lessons				1:15-2:15 Liquid Fit-I Staff		Reserved for swim lessons			6:30-7:30 Aquabatta-I Cathy H			
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing					
Lane 1				Reserved for family swim		Reserved for family swim		Reserved for family swim							
Friday															
Friday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	9:00
Lane 6				9:00-10:00 Liquid Fit- I Bobbi		Reserved for swim lessons		Reserved for swim lessons			Reserved for swim lessons				
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing					
Lane 1				Reserved for family swim		Reserved for family swim		Reserved for family swim							
Saturday							Sunday								
Saturday	6:00	9:00	10:00	1:00	2:00-7:00										
Lane 6	9:00-10:00 Liquid Intervals-I Nancy		Reserved for swim lessons												
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing											
Lane 1				Reserved for family swim											
Sun	7:00	9:00	10:00	12:00	1:00 - 7:00										
Lane 6	9:00-10:00 Liquid Fit- I Cathy H		Reserved for swim lessons												
Lane 5															
Lane 4															
Lane 3															
Lane 2	Reserved for lane sharing			Reserved for lane sharing											
Lane 1				Reserved for family swim											

PLEASE NOTE: In the event of inclement weather *Swim for Fitness* may be moved indoors affecting lane availability. No one in the facility is guaranteed a lane by themselves. If the pool is crowded, it might require that you share a lane.

