

INDOOR LAP POOL SCHEDULE

Monday																
Monday	Approximant times:			Monday												
	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00	
Lane 5				9:00-10:00 Liquid Fit-I Cathy H		Reserved for swim lessons			Reserved for swim lessons			Reserved for swim lessons				
Lane 4																
Lane 3																
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing						
Lane 1																
Tuesday																
Tuesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00	
Lane 5				9:00-10:00 Aqua Bamba-I Christina		Res. Swim Lessons		1:15-2:15 Liquid Fit-I Sally K		Reserved for swim lessons			6:30-7:30 Aquabatta-I Cathy H			
Lane 4																
Lane 3																
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing						
Lane 1																
Wednesday																
Wednesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00	
Lane 5				9:00-10:00 Aqua Kickbox-I Cathy W		Reserved for swim lessons			Reserved for swim lessons			Reserved for swim lessons				
Lane 4																
Lane 3																
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing						
Lane 1																
Thursday																
Thursday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00	
Lane 5	Reserved for swim lessons			Reserved for swim lessons					1:15-2:15 Liquid Fit-I Stacey S		Reserved for swim lessons			6:30-7:30 Aquabatta-I Cathy H		
Lane 4																
Lane 3																
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing						
Lane 1																
Friday																
Friday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	9:00	
Lane 5				9:00-10:00 Liquid Fit- I Bobbi		Reserved for swim lessons			Reserved for swim lessons			Reserved for swim lessons				
Lane 4																
Lane 3																
Lane 2	Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing			Reserved for lane sharing						
Lane 1																
Saturday								Sunday								
Saturday	6:00	9:00	10:00	11:00	1:00-7:30											
Lane 5	9:00-10:00 Liquid Intervals-I Nancy			Reserved for swim lessons		Sun	7:00	9:00	10:00	11:00	1:00 - 7:30					
Lane 4						Lane 6	9:00-10:00 Liquid Fit- I Cathy H			Reserved for swim lessons						
Lane 3						Lane 5										
Lane 2	Reserved for lane sharing			Reserved for lane sharing		Lane 4										
Lane 1	Reserved for family swim			Reserved for family swim		Lane 2	Reserved for lane sharing			Reserved for lane sharing						
						Lane 1	Reserved for family swim			Reserved for family swim						

PLEASE NOTE: In the event of inclement weather *Swim for Fitness* may be moved indoors affecting lane availability. No one in the facility is guaranteed a lane by themselves. If the pool is crowded, it might require that you share a lane.

