

CCAC CHILDREN'S GROUP SWIM LESSON REGISTRATION FORM 2016

Today's Date _____ Time _____

Child's Information: Please fill out a separate form for each child and each session!

Name: _____ Age: _____ DOB: _____

Your child must be enrolled on your membership prior to registration..

Parent Information:

Name: _____ E-Mail: _____

Phone: (H) _____ (Work) _____ (Cell) _____

Membership #: _____

Private Lessons may NOT be scheduled during group lessons.

Choose which Session, Lesson Time & Level that you would like to sign up for:

*****New Monday, Tuesday, Wednesday, & Thursday (8 total lessons)**

Session 1 June 6-16 \$100 Session 2 June 20-30 \$100 Session 3 July 11-21 \$100

<input type="checkbox"/> 9:45am	<input type="checkbox"/> 10:15am	<input type="checkbox"/> 10:45am
<input type="checkbox"/> Parent & child	<input type="checkbox"/> Preschool L2	<input type="checkbox"/> Preschool L1
<input type="checkbox"/> Preschool L1	<input type="checkbox"/> Level 1	<input type="checkbox"/> Level 2 & 3

Tuesday & Thursday Session 1 June 7-16 \$50 Session 2 June 21-30 \$50 Session 3 July 12-21 \$50

<input type="checkbox"/> 11:15am	<input type="checkbox"/> 4:45pm	<input type="checkbox"/> 5:15pm
<input type="checkbox"/> Parent & Child	<input type="checkbox"/> Level 1 & 2	<input type="checkbox"/> Preschool L2
<input type="checkbox"/> Preschool L1	<input type="checkbox"/> Preschool L2	<input type="checkbox"/> Level 3 & 4

Saturday Session 1 June 4-25 \$50 Session 3 July 9-30 \$50

<input type="checkbox"/> 9:45am	<input type="checkbox"/> 10:15am	<input type="checkbox"/> 10:45am
<input type="checkbox"/> Parent & child	<input type="checkbox"/> Preschool L2	<input type="checkbox"/> Level 2
<input type="checkbox"/> Preschool L1	<input type="checkbox"/> Preschool L3	<input type="checkbox"/> Level 3 & 4
<input type="checkbox"/> Level 1 & 2	<input type="checkbox"/> Level 3 & 4	<input type="checkbox"/> Level 5 & 6

Sun Session 1 June 5-26 \$50 Session 3 July 10-31 \$50

<input type="checkbox"/> 9:45am	<input type="checkbox"/> 10:15am	<input type="checkbox"/> 10:45am
<input type="checkbox"/> Parent & child	<input type="checkbox"/> Preschool L2	<input type="checkbox"/> Preschool 1
<input type="checkbox"/> Preschool L1	<input type="checkbox"/> Level 1 & 2	<input type="checkbox"/> Level 2 & 3



After initial registration, a \$10.00 fee will be charged to membership accounts for **each change** made in class day or time. A 50% refund per class will be credited to your membership account for classes that are canceled at least eight days prior to the swim lesson start date. No refunds are given within 7 days of the session start date. *I understand the completion of this form does not guarantee a place in the lesson chosen. Group and Private swim lessons may, at the Club's discretion, be scheduled in the Indoor Pool. Once my child is enrolled in swim lessons, I understand that my account will automatically be charged \$50 per 4 lessons/session or \$100 per 8 lessons/session.*
All requests will be confirmed via email!

Payment Information: Total: \$ _____

Signature: _____ Date: _____

American Red Cross Learn to Swim Level/Lesson Description

Parent & Child Aquatics

Become Safe and comfortable in and around the water with children between the ages of 6 months and 3 years old. Learn swimming readiness and safety skills.

- No skill prerequisites
- Child must be at least 6 months old
- Parent must accompany child to each class
- Child must wear swim underpants if not potty trained

Preschool Aquatics Level 1-3 - ages 3-5 years

Preschool Aquatics aims to promote the developmentally appropriate learning of fundamental water safety and aquatic skills so children become safe and comfortable in the water. Red Cross Preschool Aquatics teaches aquatic and safety skills in a logical progression.

- Child must wear swim underpants if not potty trained

Preschool Level 1 (PL1) – Water Adjustment, floats, bubbles and Safety skills

Preschool Level 2 (PL2) – Intro to strokes, and treading water

Preschool Level 3 (PL3) – Builds on Level 2 to become more proficient

Learn to Swim - ages 6-12 years

Red Cross Learn-to-Swim consists of six comprehensive levels that teach people of varying ages and abilities how to swim skillfully and safely. Each level includes training in basic water safety. All aquatic and safety skills are taught in a logical progression.

Level 1: Introduction to Water Skills –

- Water Adjustment skills
- Floats
- Breath control
- Safety skills

Level 2: Fundamental Aquatic Skills –

- Intro to Front Crawl
- Intro to Back Crawl
- Intro to rotary breathing
- Treading water



Level 3: Stroke Development –

- Builds on Level 2 skills to become more proficient
- Intro to elementary backstroke, dolphin kick, and whip kick

Level 4: Stroke Improvement –

- Build on all strokes, and improve distance

Level 5: Stroke Refinement –

- Swim further, longer, with more proficiency, and all strokes

Level 6: Swimming and Skill Proficiency –

- Preparation for Lap swimming, swim team, and fitness swimming